



DMA TIMES

JUNE 2022

HEART TO HEART

PARENTING: A SCIENCE OR AN ART

Parenting: A conscious decision deciding to become parents is a tremendous life-changing experience. Being parents is the greatest blessing bestowed by God Almighty. Preparations of the same begin much before the birth of the child. As per doctors and our scriptures, it is well known that the food eaten by the mother makes the cells and the health of the child, and listening to good music, healthy thoughts, and positivity of the environment stimulates the brain development of the child. Good parenting is both a great responsibility and an obligation. A child born is a jewel dropped from Heaven with its most unique qualities and the purest form of spirit. A child born to parents makes them his biological parents but parenting is much more than the fulfilment of biological needs. It needs to be spiritually fulfilling.

Conscious parenting means measuring the words, behaviour, and discipline of one's self as the same percolates down to the child. The connection becomes spirit to spirit. By being biological parents one doesn't get control over children.

In order to be a role model and an exceptional one, one needs to set the highest standards. Creating a free and happy environment is essential. An environment of communication wherein both verbal and nonverbal is at their best. All queries are handled pleasantly and patiently and effort is made to expose the child to the best stories, music, culture, relationships, good habits, and adventure time. Building a strong bond or connection is most essential.

The objective of every parent is to make sure that they bring up the child to become a contributing adult who is an asset to society. In order to be a socially responsible person, parents need to inculcate amongst others, characteristics like integrity, responsibility, respect, fairness, empathy, and courage. Children need to know with clarity what to stand for and what to stand against.

Spending 'quality time' is a clichéd term used by today's busy parents. Daddy comes home and changes and asks the child to come and sit with him and play a computer game or do a quiz with him. The parent gets the satisfaction of having given quality time and in a self-congratulatory mode boasts among his friends about being the best father.

But what is important to understand here is that it is a forced activity, imposed on the child. Here Dad is in control and his wish is being imposed. For a change, it should be the child's choice. What has the child been thinking? Does he wish to talk about his day or wishes to watch a movie with Dad or wishes to go out for a game of Tennis?

The first style will wear off after some time and communication will become less with time whereas in the second style both father and son will bring freshness in the daily routine and it would become a superb chumming time.

The child needs the same amount of respect that is expected from a child toward his parents. Learning is a mutual experience. Parents also learn a lot about their children and life. Not taking a no for an answer or yelling at the child 'stop misbehaving', 'listen to me' will not give the right message. Never try to be a control freak. Respect your child's independence. Sit down calmly and ask your child to speak out his views. Reason out with him and explain why you want him to do a certain task. These are transforming moments and set good problem-solving attitudes.

Respect your child's decision where you feel he is right. Give him his space and privacy when required.

Make children feel special but don't pamper them. No one else will and then they'll feel hurt and their self-esteem will go down.

To raise the level of confidence and let them feel competent compliment them for their good efforts or actions and behaviour, and at the same time remain silent if you don't like their actions. Later in the day explain and give logic for what you didn't find quite right. This will reinforce positive behaviour.

Plan family picnics, outings, and dinners, and involve friends and extended family to teach social skills and bonding with others. Caring for the younger siblings or cousins and respecting older ones, creating happy memories will make them secure, confident and happy individuals.

Never use criticism or sarcasm, it creates deep wounds which don't heal with time. Comparisons are odious. Each child is a uniquely gifted sovereign being with individual energy. Let him grow and bloom to his fullest by nurturing, caring, loving, prodding, and gently pruning but always reassuring. You will be proud of your parenting one day.

Today it is common for young children to equate the amount of money spent on them by their parents with parental love. Making children realize the true meaning and value of love should start at an early age since skewed notions have a way of sticking and creating problems in life. Let children select their options to weigh pros & cons, make decisions, and even make mistakes after all this is how everyone grows, let

them live their life.....

“Your children are not your children.

They’re the sons and daughters of Life’s longing for itself.

They came through you but not from you

and though they’re with you yet they belong not to you.

You may give them your love but not your thoughts.

For they have their own thoughts.

You may house their bodies but not their souls.

For their souls dwell in the house of tomorrow which you cannot visit,

not even in your dreams. For more thought provoking insights, visit www.ritudewan.com

ONLINE LEARNING PLATFORM

DISCOVER AND SHARE THE JOY OF READING

Reading brings joy, inspires minds and creates wonder. Reading also touches hearts and widens horizons. Reading is also the best way to enhance our knowledge, vocabulary and imagination. DMA has provided a unique reading portal for the students as well as the parents, which has thousands of books for all age groups. The school hopes that everyone would be enriched by participating in this unique reading and learning program.

<http://exam.modischools.in/guru/worldbook.html>

ACTIVITY REPORT

NATIONAL READING DAY

A special Assembly was organised to celebrate “The National Reading Day” on 18th of June 2022. The day was celebrated to spread the awareness among the young generation about the importance of reading. The habit of reading should be developed in everyone because reading not only increases our knowledge but also makes the individual pacific, concentrated and patient. This day is celebrated to honour the Keralite teacher, Puthuvayil Narayana Panicker, who for his enormous contributions is also known as the Father of the “Library Movement in Kerala”.

The Special Assembly began with singing of prayer by all, thereafter the school choir presented a English song which conveyed the message of reading to one and all .after the musical presentation a speech was delivered by Deepali of XI –C, she highlighted the multiple benefits of reading and entreated to make it a habit to hone reading, creative and analytical skills and at the same time boosts vocabulary as well as concentration power. The next presentation was Book review that was presented by Nitya, Karmanya, Chayna, Monal and Himanshu, all class 11 students. These reading enthusiasts chose the different genres from fiction to non-fiction, from biographies to travelogues, the diverse title which were picked up by these reviewers grabbed everyone’s attention. The students shared concise and enlightening information about the book and appealed everyone to get the copy of each book. Thereafter a small quiz session added the zing to the celebration as students were excited to share their answers. To further motivate the students and teachers, ‘DEAR Program’ was organised in the 5th period where the whole school was found immersed in reading and enjoying its bliss.

To conclude the assembly our honourable Principal Mam apprised everyone to read at least one book a year. She shared that,in today’s time reading habit has been reduced because people mostly prefer other modes of entertainment like mobile, television etc. She further exhorted upon those who read on regular basis are acquainted with the topics of the world and geographical areas. She urged everyone to understand the value of education for students and how reading forms an important aspect of the educational system that every student should engage in both at school and home.The special celebration concluded with the rendition of National Anthem by all.



INTERNATIONAL DAY OF YOGA

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system.

DMA has always been in the forefront to ensure the best for the students. The foremost priority is to provide a holistic approach to health and well-being of our students, by keeping a healthy balance of mind and body. Yoga, being a catalyst to mental well-being embodies the unity of mind and body. It helps to instill confidence and to bring learning to children on an experiential level and teaches them to persevere, be patient, and work towards their goals. Yoga also provides tools for practicing compassion, mindfulness, generosity, focus, strength, and flexibility.

On International Yoga Day, the students of DMA participated with full vigour and zeal in Yoga sessions conducted by Yoga expert Mr DhirendraTomar and his assistant Ms Jiya Zaidi. The programme began with the recitation and chanting of Om and Gayatri mantra to calm the minds and connect with the cosmic force. Revered Principal Dr (Mrs) Ritu Dewan addressed the participants on the importance of yoga practice in our life and encouraged the students to practice regular yoga to remain fit and improve concentration.



ACHIEVEMENTS

UNDER 13 STATE CAMP FOR BASKETBALL (17TH JUNE 2022)

Ishant Malik of class 8-E brought glory to the school by getting selected in the Under 13 State Team for Basketball.

SPEED SKATING CHAMPIONSHIP (17TH JUNE 2022)

Daksh Saini of class 9-A proved his mettle by winning the Gold medal in Speed Skating Championship organised in Karan Public School, Meerut.

CHESS OLYMPIAD TORCH RALLY (25TH JUNE 2022)

Chess champions of DMA participate in the 44th Chess Olympiad Torch Rally organised by the All India Chess Federation. They were also honoured by the opportunity to play chess with national champions Grand Master TejasBaakre(Ahmedabad) and G Akash (Chennai).

OFF ICE ROAD RACE ROLLER SKATING CHAMPIONSHIP 2022 (26TH JUNE 2022)

Little skating champions of DMA brought glory to the school by winning Gold and Silver medals in the prestigious Off Ice Road Race Roller Skating Championship 2022 organised by the Meerut District Roller Skating Association on 26th June 2022. Nayan (7-G), Harsh (7-E) and Daksh Saini (9-A) won Gold medals while Abhinav (9-B) won Silver medal in their respective categories.



GLOBAL EDUCATION AWARD 2022

On 29th June 2022, under the aegis of **Top Notch Foundation**, the **Government of India** awarded **Dayawati Modi Academy** with the **GLOBAL EDUCATION ACHIEVEMENT AWARD 2022** for its outstanding, eminent and effective education system, a symbiotic engagement with the students ensuring the child's growth and overall development as a priority and a potential for even greater achievements. The Principal, **Dr (Mrs) Ritu Dewan** was honoured with **MOST ORIGINAL AND CREATIVE PRINCIPAL** award for her innovative and untiring service as an educator par excellence. The awards were presented by eminent film actor and politician **Mr Manoj Tewari** and famous actress **Ms EshaDeol** in a glittering ceremony in New Delhi. The function was also graced by the presence of Mr G Krishna Reddy (Union Minister, Tourism & Culture Development, North East Region), Ms Annapurna Devi (State Education Minister, UP), Ms MeenakshiLekhi (Ministry of Foreign Affairs), Mr TarunChugh (National General Secretary, BJP) and Dr Sambit Patra (National Spokesperson, BJP).



- 1 MOST INNOVATIVE PRINCIPAL OF THE YEAR
- 2 BEST CBSE SCHOOL WITH QUALITY EDUCATION OF THE YEAR (UTTAR PRADESH)



BIDDING ADIEU

It was an emotionally surcharged atmosphere when the staff of DMA gave official ceremonial send off to Mrs. Vinod Batra, HoD (English). Her 38+ years of commitment and sincerity towards her work is worth appreciating.

Dr (Mrs) Ritu Dewan presented a floral bouquet as a token of love and affection to Mrs. Vinod Batra as flowers are the apt medium for expressing heart's elation.

Mrs. Anju Bala, in her address said that saying good bye is always difficult. She said that Ms. Batra's passion, devotion and dedication towards teaching and her work is always praiseworthy. Her friendly rapport with her students is exemplary for everyone.

Music rendition by Mr Rajiv Arora left everyone spellbound as mellifluous tunes transported everyone's soul to the musical world. Musical representation of Ms. Sapna and Ms. Farhana and Ms. Minakshi stole hearts of one and all. Then, Ms Swati expressed her feelings through her dance that was appreciated by one and all. The power point presentation made by Mr. Priyank and Mr Neeraj was also enjoyed by the audience.

Ms. Anita Dogra reminisced the day when Mrs. Batra joined the Academy in the year 1983. In her speech, she acknowledged Ms Batra's contribution in the growth of the Academy.

Life isn't about your age. It's about living and if you are beautiful at sixty, it is your own soul's doing. You are like a flower whose fragrance makes your surrounding a delight. Your inner beauty defines you and speaks who you truly are. Your sense of appreciation, sensitivity, and

understanding of life enshrine you with compassion, gentleness, and a deep loving concern for the ones around you. The wisdom and time, you devote to heal and comfort others gives you a special glow and charm.

Yes I am talking about none other but our own beloved Mrs VinodBatra whose epic journey of 39 years in our Academy speaks for itself.

As the waves of time rush up, the shore of memory recedes, we catch the pearls of moments embedded in the sand of past, relished with our dear ones. And , I have a great treasure of such moments with Batra Mam- be it the meetings with Principal Mam , or departmental meetings or interactions with in school magazine committee , the celebration of Literary week, Assemblies, Annual Functions, or even the break times-hardly there had been any times, when we were not working together hand in hand. In all of these moment, I found in her an inspiring leader, immensely dedicated and passionate teacher, and a great friend, philosopher and guide and above all a wonderful human being. In fact, I'll say, she is humility personified.

As the Head of the Department, her easy accessibility, affable nature and amicable attitude, her openness and flexibility to learn and grow, her inter personal skills have always inspired the entire faculty to work with zeal and enthusiasm. As a great teacher, she would not merely impart the subject knowledge but also walk with the students as a co- learner helping them understand their uniqueness and guide them to its blossoming. Her initiatives to organise departmental outings from time to time,would sprinkle a dash of renewed energies that helped us to work with greater understanding and zeal. Mam, under your mentorship, we were not just working together as a team but weaving a bouquet of beautiful memories for all of us.

Mam, I take this opportunity to express my heartfelt gratitude to you for your consistent guidance, motivation and unparalleled support at every point of time we shared.

The new phase of time wants you sit back and cherish your accomplishments through these years. But remember, age is only a number, a cipher for the records. One cannot retire from one's rich and meaningful experiences .You may be away from us by distance but by spirit, we are always together and we will always need your blessings, guidance and care. We wish you great health, happiness and joy ever. Last but not the least, may I seize this opportunity to express my deep gratitude to honourable Principal Mam and respected Vice Principal Sir for giving me the opportunity to continue her legacy as the subject head. Mam, I assure you that under your kind mentorship and guidance and with the strength and support of the entire faculty, we as the department will continue to work together with utmost sincerity and commitment, and make the Academy proud.

Thankyou



BIDDING ADIEU

After the musical treat and emotional words of Ms Anita Dogra, Mrs. Vinod Batra shared her emotions and spoke that her thirty-eight years journey has brought maturity in her as a person. She thanked everyone from his core of heart for lending support and care as and when required in different ventures.

Hello Friends! Good afternoon!

Often when you think you are at the end of something, you are at the beginning of something else.

I am quite overwhelmed. I have a sweet and bitter a mixed kind of feeling. I am getting nostalgic. If I go down the memory lane, it seems as only like yesterday I stepped into the portals of DMA. How fast the wheel of time moves and time flies and leaves its memories behind. It seems as if a long span of 38+ years has passed just in a wink. Here at DMA I grew not only in terms of years but also groomed as a true being and carved a niche for myself. It has been a long journey together; during this tenure I have been able to build myself. Today I do not want to miss the opportunity to acknowledge that love and respect I received from each one of you, no matter which ever department you may be, is really unforgettable. Thank you all for making me what I am today.

I very proudly confess that, each gem of my English Department, has given me the best working environment and greatest of freedom along with trust to exercise my duties. You all have strengthened my ideas by keeping faith and having confidence in me. I am proud to claim that my career at DMA has been outstanding one due to the support, appreciation, encouragement, and cooperation I have received from each one of you. I cannot thank you enough for this. Deep down my heart, I have great memories of the times shared, friendships forged and the incredible successes which we have enjoyed; all these have been an extraordinary part of my life.

From the core of my heart, I extend my deep gratitude to Vice Principal sir, head master Rajeev Dhaka sir, Coordinators- Shashi Dhaka ma'am, Upadhyay sir for their kind support and concern they showed time and again during this long span of my tenure and reposed faith in me while assigning any kind of responsibility.

How can I forget to thank each member of admin staff for always co-operating me as and when I needed.

I have dearth of words to thank you Principal ma'am, for encouraging me so much, even in times when things appeared to be quite challenging. Your love, affection, care and knowledge has made me stand high today. You have always supported me and stood by my side. You have made me see sense, when things got a little blurry. Thank you Ma'am for making me realise my fullest potential. With the help your support, hard work, kindness, friendship, and appreciation I have achieved whatever I wanted to and have been able to give my best to the academy.

It is hard to bid you all goodbye, but the time says that it has to be done. I am going to miss this amazing environment, such colleagues who stood by me always and helped me execute my plans. I believe that a group of people who look out for each other like DMA family, is a rare thing to find out.

I have full faith that the school will continue to grow and prosper and I trust that each one of you will scale great heights here. Keep up the good work.

Thank you for sharing this amazing celebration with me and thank you all once again for the incredible love, support and friendship. You all will be missed. Thank you everyone, thanks for all your wishes.

Stay connected! Good Bye!

Thereafter, revered Principal Dr. (Mrs.) Ritu Dewan addressed the gathering and in her heart-warming send off to Mrs. Vinod Batra. She acknowledged her contribution in the growth of the Academy. She appreciated Mrs. Vinod Batra for wafting her fragrance amongst the students and staff members, like a true human rose. She also apprised that separation is painful but our souls are connected. She showered her blessings and wishes for her new ventures and her happy life. Vote of thanks was extended by Ms. Shashi Dhaka and the occasion ended on a sumptuous lunch.



DMA (PRIMARY WING) celebrated the following Special Days with full vigour and gaiety

International Day of Yoga Celebration

Let Yoga has become the best way for physical and mental fitness. It has been accepted as the best way to release our negative energies and embrace positivity in life. DMA(Primary Wing) celebrated the International Yoga Day with a yoga training session for the students of classes I to VI. The program me commenced with prayer and was followed by presentation of basic yoga postures, pranayama and meditation. The students learnt many asanas and were happy to be a part of this celebration.s start with the first set of slides.



VISIT TO NEIGHBOURHOOD PLACES

On a bright sunny Saturday, June 25 2022 , Grade 1 children were taken to the local Post Office. The children were extremely excited to embark on the excursion. At the venue, the children were taken around and patiently shown how letters are sorted as well as what else the post office provides. They were introduced to the Post Master or the head of the post office and told what all he does. The trip was thoroughly enjoyed by the children whilst being a learning experience

